

Community Resources

Oswego County Resources and Services

Cancer Services

CancerConnects

5000 Brittonfield Parkway, Suite A106

East Syracuse, NY 13057

(315) 634-5004

<http://www.cancerconnects.org>

Provides financial assistance, complimentary therapy, mentoring, and support services for cancer patients in CNY and NNY.

Camp Waves of Hope

(315) 216-7580

<https://www.friendsofospice.org/camp-waves.html>

Residential camp for Oswego County children ages 8-12 who have experienced a loss of a loved one.

Cancer Services Program of the North Country

(855) 592-0830

<https://www.oco.org/services/cancer-services/>

Free breast, cervical, and colorectal screenings for individuals who meet income requirements, do not have health insurance, or whose health insurance charges for these services.

Peaceful Remedies

41 Lake Street

Oswego, NY 13126

(315) 203-6788

info@peacefulremedioswego.com

<https://www.peacefulremedioswego.com/>

Provides complementary therapies and facials, peer support, and lending library for cancer patients and their caregivers.

Support Groups

Circle Talks for Cancer

41 Lake Street

Oswego, NY 13126

Info@peacefulremediesoswego.com

<https://form.jotform.com/201054817458153>

1st Wednesday of the month 6:30-8pm

Virtual and in-person group for survivors, caregivers and family members.

Circle Talks for Life Altering Conditions

brittany@peacefulremediesoswego.com

<https://form.jotform.com/93367213598164>

4th Wednesday of the month 6-7:30pm

Virtual group for patients, caregivers, and family members for anyone struggling with the negative impacts of a medical condition.

Circle Talks for Men

41 Lake Street

Oswego, NY 13126

Info@peacefulremediesoswego.com

<https://form.jotform.com/230536644396159>

4th Monday of the month 6:30-7:30pm

In-person group for men with life altering conditions, including cancer, and their caregivers.

Community Assistance Programs

Catholic Charities of Oswego County

808 W Broadway

Fulton, NY 13069

(315) 598-3980

ccoc@ccoswego.com

<https://www.ccoswego.com/home6331b287>

Provides care management, educational programs, thrift store, and other community services.

Oswego County Opportunities

239 Oneida Street

Fulton, NY 13069

(315) 598-4727

info@oco.org

<https://www.oco.org/>

Provides crisis and development support, work ready support programs, adult literacy, and nutritional services.

Food Assistance

Catholic Charities of Oswego County

808 W Broadway

Fulton, NY 13069

(315) 598-3980

ccoc@ccoswego.com

<https://www.ccoswego.com/home6331b287>

Food Pantry for 5 day emergency or holiday baskets.

Grindstone Farms

780 Country Route 28

Pulaski, NY 13142

customerservice@grindstonefarm.com

<https://www.grindstonefarm.com/>

Local organic farm food, delivery serviced, food pick-up service and farm markets.

Mexico Food Pantry

5863 Scenic Avenue

Mexico, NY 13224

(315) 963-2235

<https://www.mexicofoodpantry.com/>

Wednesday 1-4pm, Thursday 1-3pm, or by appointment

Food Pantry

Oswego County Opportunities

(315) 598-4712

<https://www.oco.org/services/nutrition/>

Meals for adults over 60 years old available through home delivery or at 6 dining centers.