

# Community Resources

Oswego County Resources and Services

## Cancer Services

### **CancerConnects**

5000 Brittonfield Parkway, Suite A106

East Syracuse, NY 13057

(315) 634-5004

<http://www.cancerconnects.org>

Provides financial assistance, complimentary therapy, mentoring, and support services for cancer patients in CNY and NNY.

### **Cancer Services Program of the North Country**

(855) 592-0830

<https://www.oco.org/services/cancer-services/>

Free breast, cervical, and colorectal screenings for individuals who meet income requirements, do not have health insurance, or whose health insurance charges for these services.

### **Peaceful Remedies**

41 Lake Street

Oswego, NY 13126

(315) 203-6788

[info@peacefulremediesoswego.com](mailto:info@peacefulremediesoswego.com)

<https://www.peacefulremediesoswego.com/>

Provides complementary therapies and facials, peer support, and lending library for cancer patients and their caregivers.

## Support Groups

### Circle Talks for Cancer

41 Lake Street

Oswego, NY 13126

Info@peacefulremediesoswego.com

<https://form.jotform.com/201054817458153>

1st Wednesday of the month 6:30-8pm

Virtual and in-person group for survivors, caregivers and family members.

### Circle Talks for Life Altering Conditions

brittany@peacefulremediesoswego.com

<https://form.jotform.com/93367213598164>

4<sup>th</sup> Wednesday of the month 6-7:30pm

Virtual group for patients, caregivers, and family members for anyone struggling with the negative impacts of a medical condition.

### Circle Talks for Men

41 Lake Street

Oswego, NY 13126

Info@peacefulremediesoswego.com

<https://form.jotform.com/230536644396159>

4<sup>th</sup> Monday of the month 6:30-7:30pm

In-person group for men with life altering conditions, including cancer, and their caregivers.

## Community Assistance Programs

### **Catholic Charities of Oswego County**

808 W Broadway

Fulton, NY 13069

(315) 598-3980

ccoc@ccoswego.com

<https://www.ccoswego.com/home6331b287>

Provides care management, educational programs, thrift store, and other community services.

### **Oswego County Opportunities**

239 Oneida Street

Fulton, NY 13069

(315) 598-4727

info@oco.org

<https://www.oco.org/>

Provides crisis and development support, work ready support programs, adult literacy, and nutritional services.

## Food Assistance

### **Catholic Charities of Oswego County**

808 W Broadway

Fulton, NY 13069

(315) 598-3980

ccoc@ccoswego.com

<https://www.ccoswego.com/home6331b287>

Food Pantry for 5 day emergency or holiday baskets.

### **Grindstone Farms**

780 Country Route 28

Pulaski, NY 13142

customerservice@grindstonefarm.com

<https://www.grindstonefarm.com/>

Local organic farm food, delivery serviced, food pick-up service and farm markets.

### **Mexico Food Pantry**

5863 Scenic Avenue

Mexico, NY 13224

(315) 963-2235

<https://www.mexicofoodpantry.com/>

Wednesday 1-4pm, Thursday 1-3pm, or by appointment

Food Pantry

### **Oswego County Opportunities**

(315) 598-4712

<https://www.oco.org/services/nutrition/>

Meals for adults over 60 years old available through home delivery or at 6 dining centers.