

Community Resources

North Country Resources and Services

Cancer Services

CancerConnects

5000 Brittonfield Parkway, Suite A106

East Syracuse, NY 13057

(315) 634-5004

<http://www.cancerconnects.org>

Provides financial assistance, complimentary therapy, mentoring, and support services for cancer patients in CNY and NNY.

Cancer Services Program of the North Country

(855) 592-0830

<https://www.oco.org/services/cancer-services/>

Free breast, cervical, and colorectal screenings for individuals who meet income requirements, do not have health insurance, or whose health insurance charges for these services.

Cancer Prevention in Action- St. Lawrence County health Initiative

(315) 261-4760

<https://gethealthyslc.org/cpia/>

Provides support to get PTO for cancer screenings.

Compassionate Care Foundation

(315) 777-7094

Info@compassionate-care.org

<https://www.compassionate-care.org/>

Provides complementary therapies such as massage, sound bath, and more! Also provides group therapy sessions.

Gouverneur Breast & Ovarian Cancer Fund

info@gouverneurbreastcancerfund.com

<https://www.gouverneurbreastcancerfund.com/>

Provides financial assistance for breast and ovarian cancer patients.

Jules of Life Foundation

798 Five Mile Line Road

Ogdensburg, NY 13669

(315) 854-0071

julesoflifefoundation@gmail.com

<https://julesoflife.org/>

Provides financial assistance and information about cancer, cancer care, and local services.

Fund of Hope- Lewis County General Hospital

(315) 376-5493

fundforhope@lcgh.net

<https://www.lcgh.net/lcgh-fund-for-hope/>

Provides financial assistance to defray some of the travel cost for cancer patients.

St. Lawrence County Cancer Fund

<https://www.walkrunforlife.com/>

Provides travel cost assistance and follow-up palliative care program.

St. Lawrence Health

(315) 261-5890

<https://www.stlawrencehealthsystem.org/services/cancer/cancer-resources>

Provides nutrition assistance, financial assistance, complementary therapies, and support groups for cancer patients.

Community Assistance Programs

Catholic Charities- Diocese of Ogdensburg

214 Caroline Street

Ogdensburg, NY 13669

(315) 393-2255

https://cathcharities.org/index.php?option=com_content&view=article&id=2&catid=2

Provides community outreach, financial assistance, and senior services for Norther New York.

Community Action Program of Jefferson County

518 Davidson Street, Suite 1

Watertown, NY 13601

(315) 782-4900

<https://www.capcjc.org/>

Provides income tax support, home weatherization, and ready to work programs.

Lewis County Opportunities

8265 State Route 812

Lowville, NY 13367

(315) 376-8202

<https://www.lewiscountyopportunities.com/>

Provides financial management, housing assistance, emergency utility assistance, thrift store, and critical needs support programs.

St. Lawrence County Community Development Program

(315) 386-1102

info@slccdp.org

<https://slccdp.org/>

Provides rental assistance, case management and emergency services.

Urban Mission

247 Factory Street

Watertown, NY 13601

(315) 782-8440

<https://www.watertownurbanmission.org/>

Provides housing assistance and critical support programs.

Food Assistance

Alexandria Community Thrift Shop

42601 NYS Route 12

Alexandria Bay, NY 13607

(315) 285-5018

Alexandriathrift@gmail.com

<http://www.alexandriathriftstore.org/food-pantry/>

Thursday 10-12pm

Food Pantry

Church and Community Food Pantry

30 Court Street

Canton, NY 13617

(315) 386-3534

director@ccpcanton.org

<https://ccpcanton.org/>

Tuesday 11-1pm, Wednesday 12-3:45pm

Food Pantry

Community Action Program of Jefferson County

518 Davidson Street, Suite 1

Watertown, NY 13601

(315) 782-4900

<https://www.capjc.org/>

Food Pantry

GardenShare

4208 NY-3

Star Lake, NY 13690

(315) 848-3562

Phil.giardino@gmail.com

<https://www.gardenshare.org/node/204>

2nd and 4th Wednesday of the month 9:30-11:30am

Food Pantry

Lewis County Opportunities

Multiple Locations

(315) 376-8202

<https://www.lewiscountyopportunities.com/food-pantry-network>

Food Pantry in Copenhagen, Harrisville, New Breman, and Port Leyden

Lowville Food Pantry

5502 Trinity Avenue

Lowville, NY 13367

(315) 376-7431

lowvillefoodpantry@lowvillefoodpantry.org

<http://www.lowvillefoodpantry.org/home.aspx>

Monday-Friday 9-11:30am, Tuesday and Thursday 5-7pm

Food Pantry and Food \$en\$e Program

Rohde Community Center

2 East Church Street

Adams, NY 13605

(315) 232-2621

<https://rohdecenter.org/>

Emergency Food Pantry and Farm Fresh Food Distribution

St. Lawrence County Community Development Program

1 Commerce Lane

Canton, NY 13617

(315) 386-1102

info@slccdp.org

<https://slccdp.org/>

Food Pantry and Food \$en\$e Program

Urban Mission

247 Factory Street

Watertown, NY 13601

(315) 782-8440

<https://www.watertownurbanmission.org/>

Home delivered meals for ages 60+

VEM Food Pantry

495 S Washington Street

Carthage, NY 13619

(315) 493-1341

carthagevem@gmail.com

<http://www.carthagevem.org/food-pantry.html>

Monday 9-12pm and Friday 12-4pm

Food Pantry