

Community Resources

Cortland County Resources and Services

Cancer Services

CancerConnects

5000 Brittonfield Parkway, Suite A106

East Syracuse, NY 13057

(315) 634-5004

<http://www.cancerconnects.org>

Provides financial assistance, complimentary therapy, mentoring, and support services for cancer patients in CNY and NNY.

Believe 31

8377 Brewerton Rd

Cicero, NY 13039

(315) 313-5575

<http://believe31.org/>

Provides financial assistance and emotional support for firefighters battling cancer.

Cancer Services Program of Cayuga, Cortland and Tompkins

(888) 442-2262

<https://www.cayugacounty.us/1559/Program-Overview>

Free breast, cervical, and colorectal screenings for individuals who meet income requirements, do not have health insurance, or whose health insurance charges for these services.

Support Groups

Cancer Resource Center of the Finger Lakes

840 Hanshaw Road, Suite 5

Ithaca, NY 14850

(315) 277-0960

info@crcfl.net

<https://crcfl.net/services/>

Provides a variety of support groups including one-on-one programs, virtual and in-person groups, and educational series.

Community Assistance Programs

Catholic Charities of Cortland County

33-35 Central Avenue

Cortland, NY 13045

(607) 756-5992

<https://www.ccocc.org/>

Provides home and shelter assistance, peer engagement activities, care coordination, and a prescription medication program.

Cortland County Community Action Program

32 N Main Street

Cortland, NY 13045

(607) 753-6781

info@capco.org

<https://www.capco.org/>

Provides home energy services, Medicaid consumer care, adult education and literacy programs.

Seven Valleys Health Coalition

10 Kennedy Parkway

Cortland, NY 13045

(607) 756-4198

<https://www.sevenvalleyshealth.org/>

Provides transportation support, health education , food systems and health support programs.

Food Assistance

Catholic Charities of Cortland County

33-35 Central Avenue

Cortland, NY 13045

(607) 756-5992

<https://www.ccocc.org/>

Monday, Wednesday, Friday 1-4pm

Food Pantry

Cortland County YMCA

22 Tompkins Street

Cortland, NY 13045

(607) 756-2893

<https://cortlandymca.org/>

Daily, Walk-in Food Pantry

Meals on Wheels

(607) 753-5084

<https://www.cortland-co.org/607/Homebound-Services-Supports>

Home delivered meals for adults over 60 years old.